

# Finnish for Beginners

Practical Learning with SynapseLingo

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**AI Development Notice:** This e-book was developed with AI-assisted tools and subsequently editorially reviewed to ensure the highest learning quality.

# Additional Training Materials

Enhance your learning experience with our interactive on-line training materials and audio resources.

**Access your interactive language trainer:**

[http://app.synapse-lingo.de/language-trainer  
/en\\_fi/index.html](http://app.synapse-lingo.de/language-trainer/en_fi/index.html)



Scan the QR code or click the link to go directly to your interactive trainer.

This interactive trainer includes:

- Full audio version of this book
- Audio pronunciation guides
- Interactive exercises

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- Additional vocabulary practice
- Progress tracking

Simply click the link or enter the URL in your web browser to access these supplementary materials.

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# Lesson 1

## Lesson 1: Learn Finnish Fast: have = olla

*Brought to you by SynapseLingo, this fun English – Finnish mini-podcast helps you master the verb have – and why Finnish uses olla with forms like minulla on, sinulla on, hänellä on, sillä on, meillä on, teillä on, heillä on. Perfect for beginners learning how English have maps to Finnish patterns. Keywords: learn Finnish, English – Finnish, verb have, olla meaning, minulla on, everyday phrases, vocabulary podcast.*

### Welcome to SynapseLingo

Hey du, welcome! This podcast is brought to you by SynapseLingo – visit [www.synapse-lingo.com](http://www.synapse-lingo.com) for more resources and freebies.

Today you'll learn how English have becomes Finnish olla with handy phrases like minulla on (I have). We'll keep

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it punchy, playful, and practical – plus a few groan-worthy jokes.

## Your learning goal today

By the end, du can confidently say I have to they have in Finnish – and even clap the rhythm!

- English target: have, I have, you have, he has, she has, it has, we have, you have (plural), they have.
- Finnish key: base verb is *olla*; possession uses ‘on’ with the adessive: *minulla on*, *sinulla on*, *hänellä on*, *sillä on*, *meillä on*, *teillä on*, *heillä on*.

## Quick forms: I have → they have

Repeat after me, du – short, sweet, and sticky.

- have → Finnish base: *olla*.
- I have → *minulla on*.
- you have (singular) → *sinulla on*.
- he has → *hänellä on*.
- she has → *hänellä on*.
- it has → *sillä on*.
- we have → *meillä on*.
- you have (plural) → *teillä on*.
- they have → *heillä on*.

## Mini dialogue at the café

Let's eavesdrop – then jump in yourself, du!

- A: Do you have a pen? B: Yes, minulla on kynä.
- A: Great – he has paper: hänellä on paperia.
- B: And she has the tickets: hänellä on liput.
- A: The phone? It has battery: sillä on akku.
- B: We have snacks: meillä on eväitä.
- A: You have maps (plural you): teillä on kartat.
- B: They have the plan: heillä on suunnitelma.
- Narrator (whisper): And the secret bridge behind all this possession is olla.

## Beat drill: clap the pattern

Clap with me, du – on each ON, give a clap!

- Clap... I have – mi-nul-la on (clap).
- Clap... you have – si-nul-la on (clap).
- He has – hä-nel-lä on (clap). She has – hä-nel-lä on (clap).
- It has – sil-lä on (clap).
- We have – mei-llä on (double clap).
- You have (plural) – tei-llä on (double clap).
- They have – hei-llä on (double clap).
- Punchline: In Finnish, to 'have' it ON, you don't have it – olla has it! (Okay, du can groan now.)

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## Culture tip: How Finns ‘have’ things

Quick culture nugget, du.

Finnish doesn’t use a direct ‘have’ verb in everyday possession; it says something like ‘on me/you/etc. there is.’ That’s why you hear minulla on coffee, sinulla on a ticket, or meillä on time – super common at cafés, stations, and saunas.

## Lightning quiz

Answer out loud, du – then I’ll reveal the solution.

- 1) Translate: we have time. Answer: Meillä on aikaa.
- 2) Fill in: you have (singular) a key → Answer: Sinulla on avain.
- 3) Which Finnish base verb underlies have? Answer: olla.
- 4) Say: they have tickets. Answer: Heillä on liput.
- 5) True or false: it has = se on. Answer: False; it has = sillä on.

## Challenge: your turn

Ready, du? Build three sentences fast.

- Say: I have coffee; you have sugar; we have cups.
- Model answers: Minulla on kahvia; sinulla on sokeria; meillä on kuppeja.

- Bonus speed-run all forms: I have minulla on; you have (sg) sinulla on; he has hänellä on; she has hänellä on; it has sillä on; we have meillä on; you have (pl) teillä on; they have heillä on.

## Thanks and wrap-up

Nice work, du – high five!

Thanks for learning with SynapseLingo! Keep practicing have = olla with minulla on, sinulla on, hänellä on, sillä on, meillä on, teillä on, heillä on. For more bite-size lessons, games, and downloads, visit [www.synapse-lingo.com](http://www.synapse-lingo.com). Kiitos and see you next time!

## Lesson 2

# Lesson 2: English – Finnish To Be: Master olla Fast

*Learn Finnish fast with this English-to-Finnish mini-podcast on the verb “to be”/“be” = olla. Practice I am, you are (singular/plural), he is, she is, it is, we are, they are with clear examples like olet, hän on, se on, olemme, te olette, he ovat. Perfect for beginners who want practical phrases for intros, maps (“you are here”), and everyday talk in both English and Finnish. Brought to you by SynapseLingo – visit [www.synapse-lingo.com](http://www.synapse-lingo.com) for more English – Finnish learning boosts.*

## Welcome

Hey you, ready for quick wins with Finnish? Let's master the verb to be together.

This podcast is brought to you by SynapseLingo – visit [www.synapse-lingo.com](http://www.synapse-lingo.com) for more resources and freebies.

Today your goal is simple: connect English “to be” and “be” with the Finnish verb olla, then use “I am, you are, he is, she is, it is, we are, you are, they are” in real life. We’ll keep it fun, friendly, and fast – let’s go!

## Your forms toolkit

Repeat after me – short, sweet, and sticky in your memory.

- I am = olen
- you are (singular) = olet
- he is = hän on
- she is = hän on
- it is = se on
- we are = olemme
- you are (plural) = te olette
- they are = he ovat
- to be / be = olla

## Mini-dialogues

Listen, then echo the Finnish after the pause.

- You are my friend. → Olet ystäväni.
- He is at home. → Hän on kotona.
- She is a doctor. → Hän on lääkäri.
- It is a cat. → Se on kissa.

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- We are ready. → Olemme valmiita.
- You are amazing (plural). → Te olette mahtavia.
- They are from Finland. → He ovat Suomesta.

## Drill time

Quick call-and-response – say it before I do.

- Say “to be” in Finnish. Answer: olla.
- Say “be” in Finnish. Answer: olla.
- Say “you are” (singular). Answer: olet.
- Say “he is.” Answer: hän on.
- Say “she is.” Answer: hän on.
- Say “it is.” Answer: se on.
- Say “we are.” Answer: olemme.
- Say “you are” (plural). Answer: te olette.
- Say “they are.” Answer: he ovat.

## Culture tip

A tiny tip to sound smart in Finland.

On maps in Finland you’ll often see “You are here” written as Olet täällä – super handy when exploring. Use hän on for both “he is” and “she is” because Finnish doesn’t mark gender, and use se on for “it is.” For groups, remember he ovat for “they are”; don’t mix it up with English “he.”

## Quiz time

Answer out loud; I'll reveal it after the pause.

- Which Finnish verb means “to be” or “be”? olla.
- How do you say “you are” (plural)? te olette.
- Translate: “it is beautiful.” Se on kaunis.
- Fill it: “he is” → hän on.
- Finish this: “we are friends” → Olemme ystäviä.

## Challenge

Now you take the mic – make it real.

Introduce yourself and your crew: say “I am” plus your name, “we are” students, and “they are” from your city. Sample: Olen Alex; Olemme opiskelijoita; He ovat Tamperelaisia. Bonus: quote Hamlet – “to be or not to be” is Olla vai eikö olla.

## Thanks and next steps

You crushed it – nice work!

Thanks for listening! Keep practicing “to be” and “be” with olla – sprinkle in “olet, hän on, se on, olemme, te olette, he ovat” all week. This episode was brought to you by SynapseLingo; visit [www.synapse-lingo.com](http://www.synapse-lingo.com) for more lessons, printables, and daily challenges. See you next time!

## Lesson 3

# Lesson 3: English to Finnish: go = mennä – Speak the Forms Fast

*Boost your English-to-Finnish skills with a quick, funny guide to the verb “go” = mennä. We’ll practice real-life forms: minä menen, menet, hän menee, me menemme, te menette, plus the everyday mood word menettelee. Learn Finnish pronunciation, mini-dialogues, and do a bite-size quiz – perfect for beginners and busy learners. Keywords: Learn Finnish, English to Finnish, Finnish verb conjugation, mennä, podcast, A1 Finnish.*

## Welcome to SynapseLingo

Hey you, great to have you here! This episode is brought to you by SynapseLingo – grab more tips and free resources at [www.synapse-lingo.com](http://www.synapse-lingo.com).

Today you and I unlock the English verb “go” and its Finnish power form mennä. Imagine your sneakers whis-

pering mennä every time you stand up – comedy, motivation, and memory in one.

## Your Goal Today

In a few minutes, you'll say the most useful forms confidently. Stay with me and speak out loud.

- Core verb: “to go” = mennä.
- I go = minä menen.
- You (singular) go = menet.
- He/She goes = hän menee.
- We go = me menemme.
- You (plural) go = te menette.
- Bonus mood word: “so-so” = menettelee.

## Forms in Action

Say these with me – small steps, big wins.

- I go now: minä menen nyt.
- You go first: menet ensin.
- He/She goes home: hän menee kotiin.
- We go together: me menemme yhdessä.
- You (plural) go left: te menette vasemmalle.
- To go (dictionary form): mennä.

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## Funny Mini-Dialogues

Let's make it real and a little ridiculous – memory loves a laugh.

- A: Ready? B: Yes – me menemme nyt!
- A: How's your day? B: menettelee. (so-so)
- A: The door? B: You menet ensin, minä tulen perässä.
- A: Where is Alex? B: hän menee kirjastoon.
- Coach: Team, te menette kentälle nyt!

## Pronunciation Beat

Clap the rhythm to lock it in. Your voice is your gym.

- Clap – clap, say: mennä. Clap – clap, say: mennä.
- March it out: left “me”, right “nemme” → me menemme.
- Whisper chain: minä menen → menet → hän menee → me menemme → te menette.

## Drills: Quick Swaps

I say the clue, you say the Finnish form. Speak before I reveal it.

- I go (now). You: ... Answer: minä menen (nyt).
- You go (first). You: ... Answer: menet (ensin).

- He/She goes (home). You: ... Answer: hän menee (kotiin).
- We go (together). You: ... Answer: me menemme (yhdessä).
- You plural go (inside). You: ... Answer: te menette (sisään).
- Dictionary form “to go”. You: ... Answer: mennä.

## Quiz Time

Fast quiz – answer out loud, then I'll confirm.

- Q1: English “to go” in Finnish? A: mennä.
- Q2: “I go” right now? A: minä menen.
- Q3: Talk to a friend: “You go first.” The key form? A: menet.
- Q4: Point at one person: “He/She goes.” A: hän menee.
- Q5: Cheer with your crew: “We go!” A: me menemme.
- Q6: Address a group: “You (plural) go.” A: te menette.
- Q7: Answer “so-so” in Finnish. A: menettelee.

## Culture Tip

Sound natural like a Finn with one tiny habit.