

# Persian for Beginners

Practical Learning with SynapseLingo

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**AI Development Notice:** This e-book was developed with AI-assisted tools and subsequently editorially reviewed to ensure the highest learning quality.

# Additional Training Materials

Enhance your learning experience with our interactive on-line training materials and audio resources.

**Access your interactive language trainer:**

[http://app.synapse-lingo.de/language-trainer  
/en\\_fa/index.html](http://app.synapse-lingo.de/language-trainer/en_fa/index.html)



Scan the QR code or click the link to go directly to your interactive trainer.

This interactive trainer includes:

- Full audio version of this book
- Audio pronunciation guides
- Interactive exercises

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- Additional vocabulary practice
- Progress tracking

Simply click the link or enter the URL in your web browser to access these supplementary materials.

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# Lesson 1

## Lesson 1: English – Persian: have = داشتن (dâshṭan) – Fun, Fast Lesson

*This mini-podcast helps you learn the English – Persian (Farsi) verb have = داشتن (dâshṭan) in the present tense. Practice I have, you have, he has, she has, it has, we have, you have (plural/polite), and they have with clear examples and easy rhythms. Perfect for beginners who want a quick, fun review and pronunciation practice.*

### Welcome

Hey you! This episode is brought to you by SynapseLingo – visit [www.synapse-lingo.com](http://www.synapse-lingo.com) for more resources and free practice tools. Ready to laugh and learn?

Today your mission is simple: master have = داشتن (dâshṭan). Imagine a magic backpack – every time you

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say the Persian form, it fills with snacks. Yum. Let's stuff that pack: I have, you have, he has, she has, it has, we have, you have (plural), they have! Go!

## Your goal today

You'll lock in the core forms with a friendly rhythm and quick jokes. Stay with me; you've got this.

- have → داشتن (dâshtan)
- I have → دارم من (man dâram)
- you have (singular) → داری تو (to dâri)
- he has → دارد او (u dârad)
- she has → دارد او (u dârad)
- it has → دارد آن (ân dârad)
- we have → داریم ما (mâ dârim)
- you have (plural/polite) → دارید شما (shomâ dârid)
- they have → دارند آنها (ânhâ dârand)

## Beat the forms

Clap the beat with me – speak out loud and smile. Sound goofy, learn fast!

- I have – دارم من (man dâram).
- you have (singular) – داری تو (to dâri).
- he has – دارد او (u dârad).

- she has – دارد او (u dârad).
- it has – دارد آن (ân dârad).
- we have – داریم ما (mâ dârim).
- you have (plural) – دارید شما (shomâ dârid).
- they have – دارند آنها (ânhâ dârand).
- Chant chain: I have, you have, he has, she has, it has, we have, you have (plural), they have!

## Mini dialogue

Listen, then repeat. It's silly, but it sticks!

- A: Do you have a pen? You have a pen?
- B: Yes, I have – دارم من (man dâram).
- A: Great. He has the notebook – دفتر دارد او (u dârad daftâr).
- B: And she has the map – نقشه دارد او (u dârad naqše).
- A: Perfect. It has a funny cover – جلد آن دارد بامزه (ân jel'd-e bâmaze dârad).
- B: We have snacks – داریم خوراکی ما (mâ xorâki dârim). You have (plural) water – آب شما (shomâ âb dârid).
- A: They have tickets – بلیت آنها دارند (ânhâ belit dârand). Trip time!

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## Quick drills

Your turn. Answer fast and clearly. I'll cue, you speak the Persian.

- Say: I have a book. Answer: دارم کتاب یک من (dâram ketâb yek man).
- Say: you have (singular) my key. Answer: کلید تو داری را من (to kelid-e man râ dâri).
- Say: he has a car. Answer: دارد ماشین یک او (u yek mâshin dârad).
- Say: she has time. Answer: دارد وقت او (u vaqt dârad).
- Say: it has a name. Answer: دارد نام آن (ân nâm dârad).
- Say: we have water. Answer: داریم آب ما (mâ âb dârim).
- Say: you have (plural) two tickets. Answer: دو شما دارید بلیت (shomâ do belit dârid).
- Say: they have coffee. Answer: دارند قهوه آن‌ها (ânhâ qahve dârand).

## Culture tip: sound natural

Tiny tip, huge payoff.

In Persian, possession uses have = داشتن (dâshtan), but age uses to be, not have. So say “I am 20” (من 20م) (man bist sâle-am), not “I have 20.” Also, in spoken Persian, دارم (dâram) can mark a progressive: “I’m going” → می‌روم دارم (dâram miravam). Context is your friend!

## Quiz time

Answer out loud. No pressure, just points from the universe.

- 1) Which Persian verb means “to have”? Answer: داشتن (dâshtan).
- 2) Translate: we have. Answer: داریم ما (mâ dârim).
- 3) Translate: you have (plural/polite). Answer: شما دارید (shomâ dârid).
- 4) True or false: he has = دارد او (u dârad). Answer: True!
- 5) Translate: it has a plan. Answer: دارد برنامه‌ای آن (ân barnâme'i dârad).

## The 30-second challenge

Chain them without stopping. Deep breath – go!

تو – دارم من (man dâram); you have (singular) داری (dâri); he has – دارد او (u dârad); she has – دارد او (u dârad); it has – دارد آن (ân dârad); we have – داریم ما (mâ dârim); you have (plural) – دارید شما (shomâ dârid); they have – دارند آنها (ânhâ dârand). Now reverse it!

## Wrap-up

Nice work – high five! You nailed have = داشتن (dâshtan).

Thanks for listening! Keep practicing I have, you have, he has, she has, it has, we have, you have (plural), they have with short daily reps. This podcast is brought to you by SynapseLingo – grab more lessons and freebies

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at [www.synapse-lingo.com](http://www.synapse-lingo.com). You've got this. See you next time!

## Lesson 2

# Lesson 2: Learn the Persian verb 'to be' = بودن (budan): I am to They are

*Brought to you by SynapseLingo, this fun English – Persian (Farsi) podcast teaches the verb to be: بودن (budan). Master everyday forms like I am من هستم (man hastam), you are تو هستی (to hasti) / شما هستید (shomâ hastid), he/she is وی هست (u ast), it is آن است (ast), we are ما هستیم (mâ hastim), and they are آنها هستند (ânhâ hastand). Perfect for learners searching “English Persian Farsi podcast,” “learn Persian verb to be,” and quick drills with context and humor.*

## Welcome to SynapseLingo

Hey, great to have you here. Let's make Persian fun and fast together.

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This episode is brought to you by SynapseLingo. For free practice packs and transcripts, visit [www.synapse-lingo.com](http://www.synapse-lingo.com). Warm up your smile muscles – yes, the grammar jokes are coming.

## Your goal today

By the end, you will say every key form of the Persian verb to be with confidence.

- to be = بودن (budan)
- I am = من هستم (man hastam)
- you are (singular, informal) = تو هستی (to hasti)
- he is = او است (u ast)
- she is = او است (u ast)
- it is = است (ast)
- we are = ما هستیم (mâ hastim)
- you are (plural/formal) = شما هستید (shomâ hastid)
- they are = آنها هستند (ânhâ hastand)

## Quick forms tour

Listen and repeat; keep it punchy and playful.

- I am ready: آماده هستم (man hastam âmâde)
- You are kind: مهربان هستی تو (to hasti mehrabân)
- He is here: اینجا است او (u ast injâ)

- She is the winner: بُرْنَدَه اسْتَ او (u ast barande)
- It is true: اسْتَ درْسَت (dorost ast)
- We are a team: تَمَى مَكْ هَسْتِمْ مَا (mâ hastim yek tim)
- You are amazing (plural/formal): هَسْتِى دَ شَمَا شَمَّهَتْ اَنْگَىز (shomâ hastid shegeft-angîz)
- They are students: دَانْشَجَو هَسْتَنَدَ آنَهَا (ânhâ hastand dâneshjû)

## Dialogue: The Mystery Snack

Enjoy a tiny, tasty scene and echo the Persian lines after me.

- A: I am hungry – هَسْتِمْ مَنْ (man hastam) so ready for this snack.
- B: You are brave – هَسْتِى تَوْ (to hasti) the official taste tester.
- A: He is watching – اسْتَ او (u ast) very suspicious.
- B: She is laughing – اسْتَ او (u ast) definitely filming us.
- A: It is delicious – اسْتَ خَوْشَمَزَهْ (khoshmazze ast).
- B: We are in trouble – هَسْتِمْ مَا (mâ hastim) out of napkins.
- A: You are the heroes – هَسْتِى دَ شَمَا (shomâ hastid) if you brought extra.
- All: They are the real MVPs – هَسْتَنَدَ آنَهَا (ânhâ hastand) with the tissues!

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## Rhythm drill

Clap lightly and speak on the beat; repetition makes it stick.

- Beat 1: I am – مسْتَمْ مَنْ (man hastam)
- Beat 2: You are (singular) – مسْتَى تُوْ (to hasti)
- Beat 3: He is – اوْ (u ast) | She is – اوْ (u ast)
- Beat 4: It is – اسْتَ (ast)
- Beat 5: We are – مسْتَى مَا (mâ hastim)
- Beat 6: You are (plural/formal) – شَمَّا (shomâ hastid)
- Beat 7: They are – مسْتَنَدْ آنَهَا (ânhâ hastand)

## Culture tip: Persian copula quirks

Here's a friendly hint to sound natural.

In everyday Persian, speakers often drop the explicit is and use endings or simply context, but the neutral forms you are learning – like اوْ (u ast) and sentence-final (ast) – are perfect for clarity and writing. A famous line to remember is To be or not to be = نبودن یا بودن (budan yâ nabudan).

## Quick quiz

Say your answers out loud; then check with the reveal.

- Q1: Say I am in Persian. A: مسْتَمْ مَنْ (man hastam)
- Q2: Say you are (speaking to a friend). A: مسْتَى تُوْ (to hasti)

- Q3: Say he is. A: اس‌ت او (u ast)
- Q4: Say it is. A: اس‌ت (ast)
- Q5: Say we are. A: هستیم م (mâ hastim)
- Q6: Say you are (speaking to a group or formally). A: هستید شما (shomâ hastid)
- Q7: Say they are. A: هستند آن‌ها (ânhâ hastand)
- Bonus: Say the infinitive to be. A: بودن (budan)

## Challenge and goodbye

You have got this – micro-practice beats mega-cramming.

Challenge: build three tiny truths about your day using any mix of forms, for example, I am ready هستم من آمده (man hastam âmâde), we are in the park هستیم م آمده (mâ hastim dar pârk), it is sunny اس‌ت آفتابی در (âftâbi ast). Thanks for listening. Keep practicing daily, smile when you say بودن (budan), and come grab more lessons at [www.synapse-lingo.com](http://www.synapse-lingo.com). See you next time from SynapseLingo!

## Lesson 3

# Lesson 3: Learn Persian (Farsi): go = رفتن (raftan)

Master the English – Persian verb ‘to go’ – go = رفت (raftan) – with a fun, talk-along mini lesson. We cover present-tense forms fast: I go رفتم (mi-ravam), you go (sg) رفته‌ی (to mi ravi), he/she goes رفته‌اند (u miravad), it goes رفته‌اند (migozarad), we go رفته‌یم (mâ miravim), you go (pl/formal) رفته‌اند (shomâ miravid), they go رفته‌اند (anha miravand). Perfect for English to Persian (Farsi) learners searching “learn Persian verbs,” “present tense,” and “verb to go رفت (raftan)” with real-life context.

## Welcome to SynapseLingo

Hey you – great to have you here! This episode is brought to you by SynapseLingo; grab more resources at [www.synapse-lingo.com](http://www.synapse-lingo.com).

Today we're playing with 'go' in Persian: رفتن (raftan). Get ready to speak out loud, laugh a bit, and lock it in.

## Your goal today

In minutes, you'll say every key form with confidence. Ready? Let's roll!

- go = رفتن (raftan)
- I go = می‌روم (mi-ravam)
- you go (singular) = می‌روی تو (to mi ravi)
- he goes = می‌رود او (u miravad)
- she goes = می‌رود او (u miravad)
- it goes = می‌گذرد (migozarad)
- we go = می‌رویم ما (mâ miravim)
- you go (plural/formal) = می‌روید شما (shomâ miravid)
- they go = می‌روند آنها (anha miravand)

## Laugh \ learn: a tiny sketch

Listen in and repeat the Persian out loud – yes, talk back to your podcast.

- I open the door: I go – می‌روم (mi-ravam).
- You point outside: you go – می‌روی تو (to mi ravi).
- The cat hears the bell: he goes – می‌رود او (u miravad).